



## HITTING SUMMIT AGENDA - 2019



### **Wednesday, August 7 (Day 1)**

- 3:00 – 4:00pm Registration & Check-In  
4:00 – 4:10pm **Opening Remarks** – *Cindy Bristow, UC Riverside/Softball Excellence*  
4:15 – 5:45pm **Using Effective Velocity to Get Your Hitters 100% On-Time and 100% Efficient**– *Perry Husband, Pioneer in the Science of Effective Velocity*  
5:45 – 6:00pm **Bombing the Expert on Effective Velocity** – *Perry Husband, Pioneer in the Science of Effective Velocity*  
6:05 – 6:25pm **Micro-Topic #1** – *Training to Attack Pitchers – Craig Snider, Texas A&M University*  
6:35 – 6:55pm **Roundtable Discussion #1**  
6:55 – 7:00pm **Day 1 Wrap-Up** – *Cindy Bristow, UC Riverside/Softball Excellence*

### **Thursday, August 8 (Day 2)**

- 9:00 – 9:55am **Trust the Process: Developing Exceptional Hitters** – *Jimmy Kolaitis, University of Alabama at Birmingham*  
10:00 – 10:20am **Panel #1 – How to Take an Average Athlete & Make Them a Good Hitter** (*Perry Husband - Pioneer in the Science of Effective Velocity, Craig Snider – Texas A&M University, Caitlin Lowe – University of Arizona, Ralph Weekly – University of Tennessee, Jimmy Kolaitis - University of Alabama at Birmingham*) **MODERATOR:** *Cindy Bristow – UC Riverside/Softball Excellence*  
10:30 – 11:00am *Break*  
11:00 – 11:25am **Micro-Topic #2** – *Increase Your Bat Speed and Increase Your Power Numbers – Ralph Weekly, University of Tennessee*  
11:30 – 12:00pm **Roundtable Discussion #2**  
12:00 – 1:30pm *Lunch*  
1:30 - 2:25pm **Taking Your Slappers from Good to Great** – *Caitlin Lowe, University of Arizona*  
2:25 – 2:45pm *Break*  
2:45 – 3:05pm **Micro-Topic #3** - *Important Recon on How to Beat Those Pitchers – Corrie Hill, Michigan State University*  
3:10 – 3:30pm **Micro-Topic #4** - *Timing & Pitch Recognition Drills - Perry Husband, Pioneer in the Science of Effective Velocity*  
3:30 – 3:50pm *Break*  
3:50 – 4:10pm **Panel #2 – Best Way to Hit a Riseball** (*Chris Malveaux -University of Missouri, Corrie Hill - Michigan State University, Craig Snider – Texas A&M University, Jimmy Kolaitis - University of Alabama at Birmingham, Caitlin Lowe – University of Arizona*) **MODERATOR:** *Cindy Bristow – UC Riverside/Softball Excellence*  
4:15 – 4:50pm **Roundtable Discussion #3**  
4:50 – 5:00pm **Day 2 Wrap-Up** – *Cindy Bristow, UC Riverside/Softball Excellence*  
5:00 – 7:00pm **Networking Social**

### **Friday, August 9 (Day 3)**

- 8:30 – 9:25am **Effective Drills to Create Better Hitters by Strengthening Their Kinetic Chain** – *Chris Malveaux, University of Missouri*  
9:30 – 9:50am **Micro-Topic #5** – *Adjustment & Situational Hitting – Jimmy Kolaitis, University of Alabama at Birmingham*  
9:55 – 10:20am **Roundtable Discussion #4**  
10:20 – 10:35am *Break*  
10:35 – 11:30am **Manufacturing Runs: Strategies, Tactics and Practice that Work** – *Craig Snider, Texas A&M University*  
11:35 – 11:55am **Panel #3 – All Speaker Panel Q & A**  
11:55 – 12:00pm **Closing Remarks** – *Cindy Bristow, UC Riverside/Softball Excellence*